

It's easy to save on health care expenses with Careington

Physician Visits

- 20% to 45% savings on routine office visits and ancillary medical services such as lab work and imaging centers
- Access to over 525,000 health care professionals and over 66,000 ancillary locations nationwide

The physician discounts are provided by Private Healthcare Systems.

Dental Care

- Savings of 20%-50% on most dental procedures, including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns
- Savings of 20% on orthodontics for both children and adults
- Savings of 20% on normal fees for all specialties – including endodontics, oral surgery, orthodontics, pediatric dentistry, periodontics and prosthodontics – where available

The dental care discounts are provided by Careington International Corporation.

Lab Services

- 10% to 80% savings on regular retail pricing of blood tests
 - Access to over 3,000 certified labs nationwide
- The lab discounts are provided by Direct Labs..

Weight Loss Surgery

- A \$1,000 discount off the regular price for gastric banding weight loss surgery
 - Access to a national network of over 100 participating locations
- The lap band surgery discount is provided by the Gastric Banding Panel Group.

Prescription Discounts

- Discounts are available at over 58,000 participating pharmacies nationwide
- Savings of 15% to 60% off generic drugs and 15% to 25% off brand name prescriptions
- Convenient ordering online, by phone, or through the mail

The prescription discounts are provided by MedImpact.

Vision Care

- Members save 20% to 40% off the retail price of eyewear
- Receive discounts on exams and contact lenses
- More than 40,000 providers nationwide including independent optometrists, ophthalmologists, opticians, and leading optical retailers such as LensCrafters®, Sears Optical®, Target Optical®, JCPenney® Optical, and most Pearle Vision® locations

The vision discounts are provided by EyeMed Vision Care Access Plan D.

Additional Health Care Services

- Savings of 15% off the standard price or 5% off the promotional price of LASIK or PRK procedures from National Lasik Network
- 10%-30% on chiropractic services and many types of alternative health care therapies from HealthWays WholeHealth Network
- Access to 24-hour nurse line staffed with registered nurses from Optum
- Savings on hearing exams, and approximately 25% savings on hearing aids at any HearPO provider
- 20% to 40% savings on diabetic and medical supplies and more from Better Living Now
- 5% to 30% savings on long-term care services from HealthCare Synergies
- Everything from vacation planning to home repairs, sold-out concerts to intimate dinners, available 24/7/365 from lesConcierge



The Careington Advantage

Careington is the leading provider of health care and lifestyle discount plans in the industry.

- Everyone is accepted
- Unlimited plan usage, with no administrative forms to file
- Membership includes family members
- You can cancel in 30 days and receive a full refund, less your processing fee

How to use the plan

Call (800) 290-0523 or click on the "Search for a Provider" button at www.careington.com/co/TFWM to locate a participating provider. When making an appointment, confirm the provider's continued participation and then present your membership card during your visit. You are responsible for paying the provider the entire discounted fee at the time the service is provided.

For more information, visit www1.careington.com/currentmember/index.shtml and click on the "Frequently Asked Questions" button or call Member Services at (800) 290-0523, Monday through Friday, from 7 a.m. to 7 p.m. CST, to talk to a representative.

How to Join:

1. **Call:** (866) 222-2558 & Mention code "TFWM"
2. **Website:** www.careington.com/co/tfwm
3. **Mail:** 7400 Gaylord Pkwy, Frisco TX 75034
4. **Fax:** (877) 335-7811



Disclosures:

THIS PLAN IS NOT INSURANCE. THIS IS NOT A MEDICARE PRESCRIPTION DRUG PLAN.*

This plan does not meet the minimum creditable coverage requirements under M.G.L. c. 111M and 956 CMR 5.00. The plan provides discounts at certain health care providers for medical services. The range of discounts will vary depending on the type of provider and service. The plan does not make payments directly to the providers of medical services. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization. You may access a list of participating health care providers at www.searchforaprovider.com. Upon request the plan will make available a written list of participating health care providers. You have the right to cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5). Discount Medical Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. This program is not available in Montana and Vermont. *Medicare statement applies to MD residents when pharmacy discounts are part of program.